

# **A Night Market for College Students:**

## **Sheda Night Market**

Denis Kuo, Sherry Huang, Lisa Lan and Eva Chen

2007/6

### **Introduction:**

—the History of Sheda Night Market

Denis Kuo

Hello, dear readers. Today, Mr. D is going to tell you the history of Sheda Night Market. You may know where the most popular shops are to buy clothes, accessories, foods, and drinks. However, to be an expert and a capable tour guide, you must know the background of this night market.

### **History of the Night Market**

In the past, Sheda Night Market covered the whole Sheda Road and its intersection with Pingdong Road, much bigger than it is these days. If you could hardly imagine how prosperous it was, you could multiply the numbers of nowadays' vendors and guests three times.

However, Sheda Night Market was deleted from the official list of Taipei's night markets in 1989 because the local residents complained a lot about the noise, traffic, and environmental pollutions caused by the businesses. The disappearance of original market gave the coffee shops in small streets a chance to develop their trades. Allegedly, there are almost one hundred coffee shops among the prosperous years. Along with coffee shops' golden period, the clothes shops, fine works shops, vendors and restaurants popped up gradually. Surprisingly, the Sheda Night Market returned to

the prosperity again. Nevertheless, it – at least the stands – is still illegal in the official record.

種類	名稱	發展源起	發展中心	空間分佈	附註
學校 / 商圈	2. 師大夜市	因台灣師範大學學生聚集來自全省南北各地，包括僑生、外籍人士來台學華語等等；為供應學生、外籍人士等日常生活所需，而由師大宿舍外圍呈放射狀，自然發展形成攤販與店家並存的商業空間。因為鄰近師大國語教學中心，師大夜市充滿著異國風情。	捷運的便利加上學生的聚集。	台灣師範大學附近師大路、龍泉街及泰順街一帶。	因營業所產生噪音、交通、環保等問題，常遭附近住戶檢舉，於民國七十八年由大安分局強力取締，師大夜市已從台北夜市除名。

(陳 19)

Sheda Night Market is located among Sheda Road, Longquan Street, and Taishun Street today. With the convenience of being close to two Guting, Taipower Building MRT stations and National Taiwan Normal University, Sheda Night Market attracts a great amount of guests.

### How to get there?

- Take **MRT** Green Line (Xin-Dian Line) to Guting Station or Taipower Building Station
- Take **Bus no.** 251, 236, 1 and Ho-ping line 和平幹線 and get off at Sheda Stop



**Features: A Night Market for Students, with Different Clothing Styles and Artsy Handicrafts**

The first feature of Sheda night market is that it is a place where college students hang out. You can see so many students shopping in Sheda Night Market

because it is close to National Taiwan Normal University. What's more, National Taiwan University is also not far from this night market.

To cater to these college students, Sheda night market offers not only a variety of delicious food stands and restaurants at reasonable prices, but also clothing vendors, outlets, and stores with handmade handicrafts. In what follows, we will introduce to you the famous foods in this night market, the stores featuring Korean, Japanese, American and Indian styles, and, last but not least, some handmade handicraft stores.

## Recommended Routes in Sheda Night Market

Sherry Huang

Feed yourself first before shopping

**Must-buy foods:** A-Nuo Crepe, Hsu Pan Fried Stuffed Dumplings

**Shopping for Clothes:**

Indian stores(紅豆家)→ Korean stores(Kimmy's shop)→ American stores(Oh my God, Outlet)→ Japanese stores(a13.com, 菱谷)

**Shopping for handicrafts and handmade shirts:** Yumegatari, 在玩, romis

## Foods

Denis Kuo

Let's take a look first at the famous foods at Sheda night market; they will make your mouth water and your stomach grumble!

[Wheel cake]

車輪蛋糕



Sheda Night Market 3

Do you think that wheel cakes are always stuffed with cream or red bean paste? No! You can taste wheel cakes with fillings of various flavors in this food stand. On the menu, you can find flavors such as cheese, butter biscuit, peanut, gingili, and even chocolate. Moreover, the stand owner insists on making each wheel cake with full stuffing. Last but not least, it just costs eight to ten dollars for each wheel cake!

### [Hsu Pan Fried Stuffed Dumplings]

許記生煎包



Normally, as other dumpling stands, Hsu stand's dumpling is stuffed with fresh pork and cabbage. You may wonder why Hsu's dumplings can be that famous since the ingredients of its food are quite ordinary. Although its ingredients are the same as those of the other dumplings, Hsu's food quality is extremely good: with juicy fillings inside, soft wrapping on top and a crispy bottom. Somehow you may feel like eating a steamed dumpling while having the first bite, except that the wrapping is softer and thicker. Besides, its dumpling costs only five dollars. It's also a good choice for students who need to economize.

### [Yi-Lan Fried Chicken]

蘭陽派香雞排



Does it only sell fried chicken, as its name suggests? No, it sells different fried foods though fried chicken is its signature. The fried chicken, as implied by its name, is no doubt very delicious. Moreover, the seller has a magical machine that can drain a great amount of oil in a fried chicken. That is to say, you can eat it in a healthier way.

than you do when getting foods from the other fried chicken stands. This time, don't feel sorry for yourself for eating fried foods!

### [A-Nuo Crêpe]

#### 阿諾可麗餅



Crêpe is very famous in France (No wonder its name is from French). As one of the pioneers of crêpe in Taiwan, the stand owner did a detailed research in France. No wonder this crêpe shop has about 50 flavors and ingredients for consumers to choose from: including jams, fruits, meats, seafood, ice cream, and desserts. If you were very hungry, you could eat meat series for dinner. If you would like to something lighter and better for digestion after a meal, you could choose fruit series. By the way, this shop is one of the most popular food stands among students!

### [Third Auntie's Spring Role]

#### 三舅媽潤餅捲



Normally, the ingredients of a Chinese spring roll include bean sprout, peanut flake, red cooked meat, cabbage, and carrot. However, you can see various tastes such as tuna, vegetable, and so on in Third Auntie Spring Roll stand. Compared to most of the food stands in Sheda Night Market, this stand sells healthier foods. The owner uses [wheat germ flour](#) as its wrapping. If you doubted how healthy its food is, you could go there and see how the owners look like. In Mr. D's eye, the two owners look just like vegetarians, thin but energetic!

### [Ancient Tea Shop]

#### 古早茶坊

I always buy a cup of Roselle (洛神花茶) here in order to digest well the many delicious foods I take in Sheda Night Market. Although the foods here are so great and delicious, some of them can be unhealthy after all. Don't ask me what medical functions these herbal drinks have; after all, they are drinks but not medicine.

Don't you feel tempted to go and have a taste of these foods in the Sheda Night Market? I'm sure you'll be both stuffed and satisfied after eating the delicious foods introduced here! If you still complain that those foods cannot satisfy you, and then ... you can eat me! % \* ※mm◎ #, and chew, chew, chew... Ha, just kidding! Let's move on and see what else is there in the night market!

#### Work Cited

陳華如. 《夜市屬性對環境知覺之影響—以士林、臨江街、師大夜市為例》. 世新大學/觀光學研究所(含碩專班: 93/碩士/093SHU05571021).